

Newsletter Service Providers January 2017

Witbank Coalfields Medical Aid Scheme P O Box 26, Witbank, 1035



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WCMAS SCHEME RATES FOR 2017

The WCMAS Board of Trustees has resolved to increase the overall WCMAS Scheme Rate for 2017 between 6% & 6.3%.

Hospital authorisation procedures for members



All WCMAS hospital authorisations must be obtained from Universal Health Care and no longer MHS, either telephonically or via e-mail. The new contact details are as follows:

All Hospital Authorisations to be obtained 72 hours prior to admission: 0861 486 472 or preauthorisation@universal.co.za

MRI/CT/PET Scans and Nuclear medicine/Isotope authorisations:

0861 486 472 or preauthorisation@universal.co.za

Oncology Authorisations:

0861 486 472 or oncology@universal.co.za

Please take note that it is no longer necessary to obtain authorisation for the following in room's procedures:

Colonoscopy and Sigmoidoscopy, Colposcopy, Cone biopsy, Circumcisions, Drainage of superficial abscesses, Excision of skin lesions, Fine needle aspirations of breast lumps or Lesions, Gastroscopy, Nasal cautery, Radiofrequency ablation of varicose veins (VNUS), Removal of foreign body: eye / Nose / Oesophagus / Ear / Skin.

CERTIFICATE OF FITNESS – OVER 60 YEARS OF AGE
All patients who over the age of 60 years that require
any surgery must provide Universal Health Care with a
certificate of fitness prior to the admission.

AUXILLIARY SERVICES IN HOSPITAL

All in hospital auxiliary services must obtain authorisation for services rendered for the duration of the hospital admission. Authorisation number must be reflected on statements.

All Hospital Authorisations to be obtained from Universal: 0861 486 472 or preauthorisation@universal.co.za

NEW MEMBERSHIP CARDS - 2017

Please note that all WCMAS members have received new membership cards early in 2017. The new cards will reflect the new WCMAS logo.



All the old membership cards must be destroyed as they are invalid.

MIDMAS OPTION

All specialists' referrals must be done in writing by a GP.

RADIOLOGY AND PATHOLOGY CLAIMS WHILST IN HOSPITAL

All in hospital services for radiology and pathology must use the correct ICD10 and modifiers for in hospital services.

WRITTEN SCRIPTS

All written scripts must reflect the correct ICD10 coding before being dispensed by the pharmacists to ensure that medication is processed correctly.

MVA Third Party Claims

The Scheme have appointed Marais Basson Inc Attorneys to manage all third party claims on behalf of the Scheme and their contact details are 013-690 3968/9.

The Scheme is pleased to announce the <u>New Active Nurse</u> <u>Based Disease Management Programs</u> for Diabetes, Asthma, HIV/Aids, Maternity, etc. which is to be Case Managed by Universal.

Chronic Disease Management Programmes

WCMAS offers a care and support programme for ALL members of WCMAS who are diagnosed with Chronic conditions such as Asthma, Chronic obstructive pulmonary disease, Cardiac failure, Diabetes Mellitus and HIV/AIDS.

This care and support programme is delivered by specially trained nurses from the Universal Care Disease Management Programme. The aim of the Disease Management programmes is to ensure that members remain healthy and that have access to the most appropriate care for managing chronic condition(s).

- The nurses from the Disease Management Programme will call member regularly and give personalised one-on-one attention.
- They will make sure members understand their chronic condition and how to manage it.
- They will give advice on lifestyle, exercise, diet and emotional support.
- The nurses will also track the progress of patient's condition, and advise how often patients need to see their doctor and what tests the doctor may do to monitor progress.
- The nurses with encourage patients to be compliant with treatment, doctor visits and explain what tests need to be done at each doctor visit.

The nurses will not inform anyone about the patient's condition without their consent.

The nurses are available to answer any questions patients may have about chronic conditions and can be called if patients need information or support. Call this number: 086 148 6472

If patients have one of these chronic conditions listed above, they must please register on the Disease Management Programme to receive a total treatment plan which includes -

- Confidentiality
- Guidance and support
- Education and information
- Counselling and health and compliance monitoring

Contact details Universal Care Disease Management Programme Tel: <u>086 148 6472</u>, select option 2 or via e-mail: diseasemanagement@universal.co.za

VIEW PRACTICE INFORMATION ON WEBSITE

Kindly note that suppliers of services may view their practice remittance advices paid over the past six (6) months and current month via the website at www.wcmas.co.za. Practices can register online by following the easy steps explained on the registration page.

HELP US TO KEEP IN TOUCH

We encourage you to ensure that your banking and contact details are updated timeously. Email address will assist in the practice receiving communication faster and will also contribute to a "greener" environment. To sign up please register on www.wcmas.co.za.

Oncology Management Programme

If a member or a family member has been diagnosed with any cancer, WCMAS offers an Oncology Management Programme. As soon as the cancer has been diagnosed, the treating doctor must send a treatment plan to the Oncology Management Programme to register the patient on the programme.

All oncology treatments must be authorised for payment as oncology. The specially trained clinical staff at the Oncology programme will review the treatment plan and ensure that the patient gets the most appropriate care for the management of patient's cancer. If the patient requires support and advice regarding their treatment they may contact the Oncology Programme.

The oncology programme offers:

- Confidentiality
- Advice and support for the oncology condition
- Review of oncology treatment to ensure patients receive the appropriate care
- Pre-authorisation of the oncology treatment

Contact details Universal Oncology Management Programme Tel: <u>086 148 6472</u>, select option 3 oncology management or e-mail: <u>oncology@universal.co.za</u>

WELLNESS BENEFIT (HRA) Health Risk

Assessment

WCMAS would like to encourage all our members and their registered dependants to undergo their annual wellness check up's.

1 Visit per beneficiary per year, @ DSP clinic and paid from Risk. Tests include blood pressure, cholesterol, blood sugar, BMI, healthy meal plan and exercise plan.

Combined set of tests @ R175 (including VAT)

NAPPI 722764001 - WCMAS Health Risk Assessment

Effective Date: 01/01/2017

DSP's: All pharmacies that charge our tariffs, with no charges to members and will send result files to the scheme. Current

DSP's: Clicks, Dis-Chem and Script Savers

Psychosocial Counselling Benefit

The Universal Wellness Care Centre team is there for members when needed most. The team provides all WCMAS members on the Comprehensive, Midmas and Ntsika options with access to the Universal psychosocial counselling benefits, which offers confidential, professional consultation and referral services to address any personal, social or work-related concerns that may affect members overall health and wellbeing.

- 24/7/365 telephonic psychosocial support and advisory services - toll free number 0800 390 003 or may send a "Please Call Me" to *134*952#
- Unlimited free access to telephonic counselling support,
- Based on assessment of need, maximum of three face-to-face counselling sessions per annum, and
- Accessing the benefit has no impact on your day-today benefits.